

Your Rights and Responsibilities

Be treated nicely at all times and as a person.

Have a clean safe place to live in and a place to be alone.

Have food that is good for you.

Be able to go, if you want, to any church, temple, mosque.

Be able to go to doctor or dentist when you are sick.

Be able to have people help you with the way you walk, talk, do things with your hands, act or feel, if you need it.

Be able to have people help and teach you if you want.

Be able to have time and a place to go to be by yourself.

Be able to call, write letters or talk to anyone you want about anything you want.

Be able to have your own things and be able to use them.

Be able to have men and women as friends.

Be able to join in activities and do things that will help you grow to be the best person you can be.

Be able to work and make money.

Be treated like anyone else.

Not be hit, yelled at, cursed at, or called names that hurt you.

Be able to learn new things, make friends, have activities to do, and go out into your community.

Be able to tell people what you want and be part of making plans or decisions about your life.

Be able to ask someone you want to help you, let others know how you feel or what you want.

Be able to use your money to pay for things you need and want with help, if you need it.

Be able to say yes or no before people talk about what you do at work or home or look at your file.

Be able to complain or ask for changes if you don't like something without being afraid or getting in trouble.

Not to be given medicine that you don't need, or be held down if you are not hurting yourself or others.

To vote and learn about laws in your community.

To say yes or no to being part of a study or experiment.

Disability Rights Ohio
50 West Broad Street, Suite 1400
Columbus, Ohio 43215-5923
Voice: 1-800-282-9181 or TTY 1-800-858-3542



Ohio Dept. of Developmental Disabilities
30 East Broad Street, 12th Floor
Columbus, Ohio 43215-2541
Abuse/Neglect Hotline: 1-866-313-6733