

PARENTS! TEACHERS! CAREGIVERS!

The Scioto County Board of Developmental Disabilities is offering **FREE** seminars designed specifically for you! These courses are offered conveniently during both the day and evening and will address some of the most important issues confronted when raising and working with children. Space is limited; please register.

Location: Carousel Center, 1112 Gallia St., Portsmouth

Session times: 12-1:45 p.m. and 5-6:45 p.m.

To Register: Call (740) 354-3995

Tuesday, January 26

Parenting a Difficult Child

This session provides parents, family members, and caregivers with an overview of the Positive Behavior Supports, tips, and strategies for addressing challenging behaviors across settings. We will explore the 5 steps to effective behavior management. Participants will gain real discipline techniques that can be put to use as soon as they get home!

Tuesday, February 23

Understanding Autism Spectrum Disorder

This session provides participants with valuable information about ASD and supports and services often associated with the disorder. We will explore an overview of various teaching models and their benefits. Participants will gain knowledge of local and national resources for teaching, supporting, and empowering.

Tuesday, March 29

A Picture is Worth a Thousand Words

The session provides participants with tips on how to incorporate visual supports (pictures and objects) into home, school, and community settings. These supports can provide the needed information to prevent challenging behavior and teach skills of independence. The presenter will share useful examples and anecdotes for setting up visual supports.

Tuesday, April 26

No More Diapers...Please!

The monumental task of toileting training will be broken down into steps for success! We will explore various research-based approaches to toilet training a child as well as designing supports for an older child with a disability. The presenter will share examples through group discussion of real-life successes, challenges, and troubleshooting possible barriers.

Tuesday, May 31

Teaching Social Skills and Self Regulation

Participants will explore social learning programs and programs for self management for children and adolescents. We will discuss how, when, and where to introduce social learning opportunities that build self-esteem, self awareness, self control, respect for others, and sense of responsibility.

Tuesday, June 28

Managing symptoms of ADD/ADHD/ODD

We will discuss how ADD/ADHD/ODD symptoms may be associated with a child's challenges with executive brain function. Participants will gain knowledge of Executive Function and the basic supports that may help their child or student overcome challenges associated with ADD/ADHD/ODD.

Tuesday, July 26

Demystifying Applied Behavior Analysis

In this session we will explore what ABA is, myths and truths, and benefits when used at home and school to support and teach individuals with Autism and other developmental disabilities. The presenter will provide examples and methods most often used in individualized programming for children and adults.

Tuesday, August 30

The Functional Behavioral Assessment (FBA) and a Plan May Be the Key to Success

This session is designed to assist parents and teachers better understand what an FBA is and when it should be completed for students with behavioral challenges at school. We will review the fundamentals of the functional assessment of behavior and possible strategies for addressing challenging behavior in a specific setting. Participants will learn the components of a FBA; the do's and don'ts, when to complete a FBA; and why it is important to start with good assessments.

Tuesday, September 27

What are Self Advocacy and Self Determination, and When Should We Teach It?

We will explore the idea of personal choice and self determination for individuals living with a disability, by discussing the five core principles of self determination, and why allowing and encouraging choice with the early learner create opportunities to build their self-confidence and critical thinking skills to last a lifetime.

Tuesday, October 25

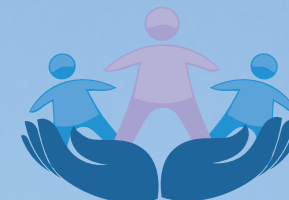
Positive Behavior Supports: Creating a Positive Culture for Parents and Care Providers

We will explore how to build positive relationships through the creation a culture of support and acceptance. Participants will learn the functions of behavior, the difference between "discipline and punishment"; how to set up positive supports for person growth, happiness, and self confidence.

Tuesday, November 15

Relieving Stress...One Minute at a Time

With the holidays approaching, it can be a stressful time. We will discuss small changes that we can make to reduce stress, as well as, explore '1 minute' daily exercises that can help us all relax.



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Developmental Disabilities