

# The 16th Annual Ohio Adult Sibling Conference REACHING FOR WELL-BEING

### **Friday, Nov. 11 & Saturday, Nov. 12** Embassy Suites • Dublin, Ohio

#### presented by





## Join Us!

## Friday, Nov. 11 (3 p.m. to 8 p.m.)

- Welcome reception, dinner, cocktail hour
- Cuyahoga County Board Assistive Technology Department: Updates about supportive technology
- Art show by artists with developmental disabilities

## Saturday, Nov. 12 (8 a.m. to 2:30 p.m.)

- Breakfast and lunch
- Optional opening session with Yoga instructor Donna Villareal
- Presentations
- Opportunities to meet and network with other siblings
- Self-advocacy sessions

### Additional topics include:

- Compassion Fatigue and Secondary Trauma
- Cleveland Clinic Research Update: "Dementia in Individuals with Down Syndrome"
- Ohio SIBS' Regional Sibling Gatherings Project
- History of Disability in Ohio
- How Ohio SIBS Needs You!

### **Conference Registration \$115**

### **Location: Embassy Suites Dublin**

5100 Upper Metro Place • Dublin, OH 43017 (614) 790-9000 or (800) 220-9219

Use code OSI by 10/23/16 to receive the special room rate of \$129 per night (plus tax).

## FEATURED SPEAKERS



#### **Colleen Beard**

Founder of CareSpotlight.com Topic: "Navigating the DD Residential System: A Sister's Journey & Lessons Learned"

## Rachel Patterson, M.P.A.

Director of Public Policy, the Christopher and Dana Reeve Foundation Topic: "Self-Care as a Political Act: National Policy Updates for Sibs"

#### Megan Rothermel Young Adult Self-Advocate with Down Syndrome Topic: "Against All Odds"



#### Shannon Skiba, D.D.S. Associate Professor and Dent

Associate Professor and Dentist, Nisonger Dental Clinic, The Ohio State University Topic: "Importance of Preventative Care in Oral Hygiene"



Tabitha Woodruff, Esq.

Special Needs Attorney, Hickman & Lowder Co. L.P.A. Topic: "Protecting People with Disabilities from Exploitation"

# 161/33 DUBLIN I-270 Frantz Rd.

## **Conference Registration**

Full Name			
Address			
City/State/Zip			
Ohio County			
	eeds or Dietary Restrictions		
Are you a sibling of a person with a disability? If yes, does your sibling live in Ohio?		🗋 Yes	□ No □ No
Are you employed in the DD field?		L Yes	L No
Have you attended the conference previously?		🔲 Yes	🗋 No
How do you plan to pay for the conference?			
	Check		
	Cash		
	PayPal		
	County Board I have contacted my County Board of DD and they agree to be invoiced by Ohio SIBS. Send the invoice to:		
	Requesting Scholarship By selecting scholarship, you are requesting one of the limited number of Ohio SIBS Conference Scholarships and will submit an application. Contact Bobbi Montenegro at RMontenegro@neo.rr.com or (330) 705-8367 for an application.		
<ul> <li>Contact Bobbi Montenegro at (330) 705-8367 for more information</li> <li>Registration available at www.ohiosibs.com</li> <li>Registration: \$115</li> </ul>			

Please submit registration and payment of \$115 to:

## **OhioSIBS**

1391 W. Fifth Ave. #370 • Columbus, OH 43212 or www.ohiosibs.com Continuing education units through the Ohio Department of Developmental Disabilities are pending.