

# **Positive Behavioral Support**

Educational Opportunities 2015

All training sessions are held at the Carousel Center, located at 1112 Gallia Street in Portsmouth Sessions are: Noon to 1:30 p.m. or 5 to 6:30 p.m.,

Each session may be extended additional 30 minutes for discussion if needed.

Prior registration is required. Please call 740-354-3995 to register.

## Tuesday, Feb. 24

Parenting a Difficult Child

Description: This session provides parents, family members, and care providers with an overview of the Positive Behavior Supports, tips and strategies to address challenging behavior across settings. Participants will gain real discipline techniques that can be put use as soon as they get home!

## Tuesday, March 24

Parents Rights: Whose Idea Is This?

Description: During this session the OCECD will provide participants with information to gain an in-depth

understanding of the IEP process and parent rights under federal special education law.

#### Tuesday, April 28

Understanding Autism Spectrum Disorder\*\*

Description: The session provides its participants with valuable information about ASD, and the supports and services often associated with the disorder. There will a review the new information included in the diagnosis of the disorder, as well as, current autism research and resources.

#### Tuesday, May 26

A Picture is Worth a Thousand Words \*\*

Description: The session provides participants with tips and ideas on how to incorporate visual supports (pictures) into the home, school, and community settings. These supports can provide the needed information to prevent challenging behavior across environments. The presenter will share many examples and anecdotes that you may find useful in setting up a support system for your child or student.

# Tuesday, June 23

No More Diapers...please!

Description: The monumental task of toileting training will be broken down into 5 steps for success! This approach begins with assessing the child's readiness and continues with setting up the environment and a routine, and ends with troubleshooting any possible barriers to success.

#### Tuesday, July 28

Do I Really Need to Teach My Child Social Skills?

Description: The participants will explore possible social learning opportunities for children. We will discuss how, when, and where to introduce social learning opportunities that build self-esteem, self control, respect for others, and sense of responsibility for children.

## Tuesday, Aug. 25

A Functional Behavioral Assessment (FBA) and the IEP: The key to success. \*\*

Description: We will review the fundamentals of a functional assessment of behavior and possible strategies for addressing challenging behavior in a specific setting. The participants will learn the components of a FBA; the do's and don'ts, when to complete a FBA; and why it is important to start with good assessments before developing a behavior plan.

#### Tuesday, Sept. 29

Managing symptoms ADD/ADHD/ODD \*\*

Description: We will discuss how the symptoms of ADD/ADHD/ODD may be associated with a child's challenges with executive brain function. This is the organization information and regulating themselves in a chaotic world. The participants will gain knowledge of basic supports that may help their child or student to overcome these challenges.

# Tuesday, Oct. 20

Demystifying Applied Behavior Analysis \*\*

Description: In this session will explore the definition of ABA, and its myths and truths. The presenter will provide examples of its components, and the methods most often used in individual programming for individuals with ASD and other developmental disabilities.

# Tuesday, Nov. 17

What are Self Advocacy and Self Determination, and when should we teach it? \*\*

Description: We will explore the idea of personal choice and self determination for individuals living with a disability, by discussing the five core principles of self determination, and the role we play in supporting individuals in living a life of their choice.

Note: \*\*ODDD Continuing Professional Development Units are pending for Adults Services, El, Investigative Agent, SSA, Superintendent-program stream, and County Members have been approved for all of the above trainings. A certificate of attendance will be given at the conclusion of each session, please contact your program administrator to confirm the usage of contact hours toward your professional development requirements.

